## Sample Guide for Facilitators Program GuideLines and Rules

## Program Guidelines

Be here everyday.

Be on time each day.

Be willing to try new activities.

Have a good attitude.

Be prepared (that includes enough sleep the night before, assignments done, etc.).

Have the materials needed.

Be committed to learn.

## The Ground Rules

Know that you can pass (not participate) if you are not comfortable.

Listen to everyone's opinion.

Allow others to speak without interruptions.

Allow all questions (even if YOU think they are dumb).

Do not put anyone down and give positive feedback.

Maintain confidentiality.