Providing Support During the COVID-19 Pandemic

Direct Support Workforce 24-month follow-up survey | National version

Direct support workers provide an array of critical supports making it possible for people with intellectual and developmental disabilities (IDD) to live, work, and thrive in their communities. The pandemic has affected this work in many ways. This survey, completed by 2,657 respondents, comprising of direct support professionals (DSPs) and frontline supervisors (FLSs) from 44 states and

VACCINATION STATUS

Respondents reported whether they were vaccinated against COVID-19.



the District of Columbia, gathered information about the experiences of DSPs related to the COVID-19 pandemic, respondents' health and well-being, vaccination experiences, and the use of technology. It was completed between June 1-July 22, 2022. The results are intended to inform efforts to support public health and prepare for future waves of this and other pandemics.

COVID-19 DIAGNOSIS

Respondents reported whether they were diagnosed with COVID-19.



REQUIREMENTS AND INCENTIVES

Employers of workers utilized a number of strategies to ensure that workers were not contracting or spreading COVID-19. Respondents reported whether their employer required vaccinations, provided a financial incentive, or provided paid time off for them to get their vaccine.



WAGES

DSPs reported on their wages before the pandemic and their current wages. Note that these wages are only DSP wages and Frontline supervisors are not included.



EXTRA PANDEMIC PAY

DSPs reported whether they received extra pay for pandemic-related risks. Many DSPs received extra pay, although states and businesses had varying levels of access to additional dollars to compensate essential workers.



SCHEDULES

Respondents were asked to report on how the pandemic affected the number of hours they worked.

no additional hours weekly	_33%
1-15 additional hours weekly	_35%
16-30 additional hours weekly	_16%
31-40 additional hours weekly	7%
40+ additional hours weekly	9 %

PRESSURE TO WORK

Respondents were asked if they felt pressure to work extra days and/or hours.



IMPACT OF ISOLATION ON PEOPLE SUPPORTED

Many people experienced social isolation during the COVID-19 pandemic. Respondents were asked about the consequences of increased isolation on the people they supported.

difficulty addressing dietary issues	14%
difficulty addressing pain management	7%
other health issues	14%
decreased exercise	53%
miss going out into the community	73%
increased behavior issues	54%
increase mood swings and/or depression	56%
more anxiety	56%
boredom	68%
loneliness	46%
academic concerns	

RESULTS OF PANDEMIC ON RESPONDENTS

Respondents reported whether they have experienced any mental or physical health concerns as a result of the pandemic.





WORK LIFE BALANCE

Respondents were asked to gauge the quality of their work life compared to the beginning of the pandemic.



QUALIFICATION OF NEW STAFF

Respondents were asked if they thought that new staff (hired within the past 6 months) were qualified to do the work that they were hired for.



CHANGE IN USAGE OF TECHNOLOGY: PEOPLE SUPPORTED

Respondents were asked a number of questions about technology, such as video conferencing or remote supports, and the change in usage of technology since the beginning of the COVID-19 pandemic and its impact on their work. Specifically, respondents were asked how usage of technology has changed for the people they support.

since the beginning of COVID:

people use tech lot less	 4%	6
people use tech some less		%
people use tech the same	38	3%
people use tech some more	28	3%
people use tech lot more	24	i %

CHANGE IN USAGE OF TECHNOLOGY: RESPONDENT

since the beginning of COVID:

Respondents were asked if their usage of technology has changed since the beginning of the COVID-19 pandemic.

IMPACT OF TECHNOLOGY ON WORK

Respondents reported the impact that the use of technology has had on their work.



DEMOGRAPHICS, ROLE, AND SETTING

Respondents self-reported demographic information and the primary setting where they worked.



Please contact Jerry Smith...": "National Core Indicators. (2022). National Core Indicators Intellectual and Developmental Disabilities 2020 Staff Stability Survey Report. https://www.nationalcoreindicators.org/resources/staff-stability-survey/

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INSTITUTE OF COMMUNITY INTEGRATION



COVID impact on DSP tech use: