



## **MN Act Early and FAP Professional Development Series: Autism and Developmental Delays August 5th – EIDBI and healthcare coverage Links from Webinar**

### **CDC: Centers for Disease Control and Prevention**

- [Learn the Signs, Act Early \(LTSAE\)](#)
- [LTSAE Free Resources](#)

### **UMN Institute on Community Integration**

- [MN-ADDN\(Autism and Developmental Disabilities Monitoring\) Network](#)
- [Minnesota Learn the Signs Act Early](#) (MN Act Early and FAP Professional Development Series and resources lists are located here)

### **Minnesota Department of Health**

- [Follow Along Program \(FAP\)](#)

### **State Medical Review Team (SMRT)**

- PO Box 64248 St. Paul, MN 55164-0248
- Phone: 651-431-2493 or 800-235-7396 Fax: 651-431-7457 or 800-311-3137
- [The State Medical Review Team \(SMRT\)](#) website for links to our forms and more information

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## Referral pathways

**Referral pathways:** When screening identifies developmental concerns, DON'T WAIT, refer for additional evaluation and supports.

- **Education pathway:** Call 1-866-693-GROW(4769) or visit [HelpMeGrowMN.org](https://www.helpmegrowmn.org) to make a referral (no medical diagnosis is necessary and services typically start between 30-45 days)
- **EIDBI pathway:** [EIDBI referral form](#) for a medical diagnosis. A comprehensive multi-disciplinary evaluation medical diagnosis is required for EIDBI services in the home or community based on medical needs.
  - **\*Note:** A [medical diagnosis](#) may help a family access healthcare coverage & additional services.
  - \*If the child/ family is not currently on MN Medicaid Medical Assistance (MA), **Contact the family's [local county or tribal office](#)** to apply for MA
  - \*IQ and adaptive skills testing are required for certain Home and community-based services, such as case management. Request that the provider include these tests as part of their evaluation or make a referral.

## Eligibility for EIDBI Services:

- EIDBI benefit People we serve page: [EIDBI benefit / Minnesota Department of Human Services \(mn.gov\)](#) (Birth -21 years)
- [Medical Necessity Eligibility through EIDBI](#)
- Medical Assistance (MA), MinnesotaCare, MA-TEFRA, Pre-paid health plans, Private insurance, Waiver is **NOT** required and does not prevent someone from accessing EIDBI
- Referral: **Anyone** can make a referral.
  - Use the EIDBI referral [form](#).
- Click on the [online referral tool link](#)
- EIDBI provider manual [Early Intensive Developmental and Behavioral Intervention \(EIDBI\) Benefit \(state.mn.us\)](#)
- EIDBI policy manual [EIDBI Benefit Policy Manual home page \(state.mn.us\)](#)



## EIDBI Coordinated services:

- Coordinating ASD Services & Supports [online training](#)

## EIDBI 101 is a training to learn more about EIDBI benefits and resources

- [Families](#)
- [Providers](#)
  - [Enrolment information for providers](#)
- [Directions to access on Trainlink](#)

[EIDBI Welcome Letter for Caregivers](#)- provides more information on the program once the family gets started.

[Home Page / Minnesota Autism Portal](#) is a great resource throughout the process.

## Additional resources

### Minnesota Department of Education

- [Early Childhood Special Education \(ECSE\)](#)
- [Part C and Part B Resources](#)

### Help Me Grow MN

- [Help Me Grow MN](#) is an online portal for referrals to a child's local school district when there are questions or concerns about development. In partnership with the Department of Education, MN Department of Health, and MN Department of Human Services, Help Me Grow is an interagency partnership with local service agencies and provides resources for parents to understand typical development. 1-866-693-GROW (4769)
  - [Facebook Help Me Grow](#)
  - [Help Me Grow MN Helpful Resources](#)
  - [When to Refer a Child for Early Intervention Services | Help Me Grow MN](#)

### Help Me Connect



- [Help Me Connect](#) connects families to resources in their communities outside of the education system.
  - [Children's Therapeutic Services and Supports - Help Me Connect \(state.mn.us\)](#)
  - [Early Childhood Mental Health Providers - Help Me Connect \(state.mn.us\)](#)
  - [HMC Family Support Questionnaire](#)
  - [What's Included in Help Me Connect Table of Contents PDF](#)

## Minnesota Department of Human Services

- [Early Intensive Developmental and Behavioral Intervention \(EIDBI\)](#)
- [EIDBI Comprehensive multidisciplinary evaluation \(CMDE\)](#)
- [Home and Community Services](#)
- [Medical Assistance under the TEFRA option for children with disabilities](#)
- [MN Medical Assistance](#)
- [MnCHOICES](#)
- [State Medical Review Team \(SMRT\)](#)
- [Case management and care coordination](#)

## Minnesota Health Care Programs (MHCP) Provider Directory

- [Minnesota Health Care Programs \(MHCP\) Provider Directory](#) can be used to find a list of Comprehensive Multi-Disciplinary Evaluation (CMDE) providers.

## Search engines and assistance

- [MNHelp.info](#) is a search engine to find resources and supports for people with varying needs.
- [Volunteers Enlisted to Assist People \(VEAP\)](#) assists with food, social services and financial assistance
- [Hennepin County Front Door](#) or call 612-348-4111 to get services.

## Tips and Techniques to aid in care coordination

To enhance care coordination, various strategies and resources are useful for service providers in supporting caregivers. It's essential to be persistent yet understanding in these



follow-ups to maintain clear and consistent communication. For example: conduct follow-up phone calls to ensure that families have successfully accessed the services available to them.

It is critical to encourage families to explore multiple service options and reassure them not to get discouraged by potential challenges. Service providers have found that offering lists of resources, step-by-step instructions, and handouts can significantly aid families in navigating complex systems. Sharing website links and ensuring that families are aware of relevant online resources, particularly those linked with state services, has been beneficial.

Once parental consent is obtained, requesting and sharing medical and educational records is an important step in coordination. Informing families about resources and programs like MA/Tefra, SMRT, MNChoices assessments, and DD case management helps ensure they receive comprehensive care and support. Collaborative efforts, such as scheduling joint home visits with public health nurses and reaching out to medical providers and therapists with specific inquiries, can augment the support provided to families.