# Figure 1. Unpack Your Perceptions: Connecting Your *Early* Perceptions About Someone with a *Disability* to Your Attitudes.

# TIES Center logo.

## Think back to when you were between 3-8 years of age. Briefly describe your earliest experiences/memories of someone with a disability or other differences.

## Were the experiences positive or negative? What were the messages given to you about someone who is different or who has disabilities?

## Who gave you these messages and how were the messages delivered?

## How did those messages impact your perceptions (early attitudes) towards individuals with differences? What were your ideas? Feelings? Behavior?

* **IDEAS (*I thought*):**
* **FEELINGS (*I felt…I like/dislike*):**
* **BEHAVIORS ( *I started… I began to .... I never... I always....)*:**